

Active Schools Activities are FREE to ALL. Active East Lothian Activities have a fee, however, are FREE to pupils who are Care Experienced, Young Carers and/or registered for Free School Meals.

Please contact Jamie Chapman for more information Email: Jchapman@elcschool.org.uk

Activity	Age	Time	Dates	Venue	Activity Leader	Cost
Monday						
Rugby Un 13s Boys	S1	3.45pm-4.45pm	Each School Monday & Wednesday from 29th August	Ross High Rugby Club	Mr Jack, Mr Chalmers	FREE
Rugby Un 15s Boys	S2/S3	3.45pm-5.00pm	Each School Monday & Wednesday From 1st August	Ross High Rugby Club	Mr Whitson	FREE
Hockey Un 13s Girls	S1	3.45pm-4.45pm	Every School Monday from 29th August	Ross High Astro	TBC	FREE
Badminton—All	S1-S6	3.35pm-4.45pm	Each School Monday From 5th September	RHS Gameshall	Miss North and TBC	FREE
Fitness—Girls	S1-S6	3.30pm-4.30pm	Each School Monday From 5th September	Small Gameshall	Miss Protheroe	FREE
Tuesday						
Rugby Un 16s Boys	S4 From RHS, MSG	5.00pm—6.15pm	Each School Tues & Thurs from 2nd August (alternative venue between Tues/ Thurs)	Ross High Rugby Club (Tues)	Mr Hird, Mr Scanlon, Mr Foley, Mr Arthur	FREE
Rugby Un 18s Boys	S5/S6 From RHS, MGS	5.00pm—6.15pm	Each School Tues & Thurs from 2nd August (alternative venue between Tues/ Thurs)	Ross High Rugby Club (Tues)	Mr Talac, Mr Weatherhead	FREE
Cricket	S1-S6	3.30pm-4.40pm	Each School Tue From 6th September	RHS Gameshall	Mr Chalmers	FREE
Running Club	S1-S6	3.30pm -4.30pm	Each School Tue From 6th September	RHS	Mr Savage	FREE
Wednesday						
Rugby Un 13s Boys	S1	3.45pm-4.45pm	Each School Monday & Wednesday from 29th August	Ross High Rugby Club	Mr Jack, Mr Chalmers	FREE
Rugby Un 15s Boys	S2/S3	4.30PM– 6.00pm	Each School Monday & Wednesday From 1st August	Ross High Rugby Club	Mr Hird	FREE
Hockey U15s Girls	S2/S3	3.45pm—4.45pm	Each School Wednesday From 31st August	Ross High Astro	Mrs Gordon	FREE
Hockey U18s Girls	S5/S6	3.45pm 4.45pm	Each School Wednesday From 31st August	Ross High Astro	Mrs Hill, Miss Carrigan	FREE

Activity	Age	Time	Dates	Venue	Activity Leader	Cost
Wednesday						
Basketball—ALL	S1-S6	3.30pm-4.30pm	Each School Wednesday from 7th September	RHS Gameshall	Mr Crichton and TBC	FREE
Thursday						
Football—Girls	S1-S2	3.45pm-4.45pm	Each School Thursday from 8th September	Ross High Astro	Miss Notley	FREE
Football—Active Schools	S1-S3	3.35pm– 4.45pm	Each School Thursday From 15th September	Ross High Astro	TBC Senior Pupils?	FREE
Rugby Un 16s Boys	S4s from RHS, MGS, PLHS	5.00pm-6.15pm	Each School Tues & Thurs from 2nd August (alternative venue between Tues/Thurs)	Pinkie Playing Fields Thurs	Mr Hird, Mr Scanlon, Mr Arthur	FREE
Rugby Un 18s Boys	S5,S6 Boys RHS, MGS	5.00pm-6.15pm	Each School Tues & Thurs from 2nd August (alternative venue between Tues/Thurs)	Pinkie Playing Fields Thurs	Mr Talac, Mr Whetherhead	FREE
Football—Boys						
Football U13s Boys	S1	Trial 1 4.30pm– 5.45pm	Wednesday 31st August	Arrived Changed Forrester Park 3G Astro	TBC	FREE
Football U13s Boys	S1	Trial 2 4.30pm– 5.45pm	Wednesday 7th September	Arrived Changed Forrester Park 3G Astro	TBC	FREE
Football—Boys U14s, U15s, U16s, U18s	Various	Players will be selected by the coaches and their parents contacted directly by email. All emails should be sent and squads posted on the notice board by Friday 2nd September				
The following Activities have yet to start, But parents should register their child's interest via our booking live website						
Golf	ALL	Dates & Times have yet to be confirmed Sign up to be contacted directly with details when available				
Netball—Girls		Dates & Times have yet to be confirmed Sign up to be contacted directly with details when available				
Swimming		Dates & Times have yet to be confirmed Sign up to be contacted directly with details when available				
Volleyball		Dates & Times have yet to be confirmed Sign up to be contacted directly with details when available				

Jamie Chapman | Active Schools Coordinator

Ross High School

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Find us Online:

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